

## Preparation

Add 20g of Nutritional Milk Powder PLUS to 100ml of water; stir well.



Three spoons = about 20g

One serving: about 20g  
3 full tablespoons is about 20g.

One stick = 20g

1 stick = 20g

\*Use your own tablespoon.  
\*You may add powder first.

### Nutritional Milk Powder PLUS

High protein  
High calcium



Container type	Can		Stick			
Net weight	300g(About 15 times)		20g×10 sticks/box			
Allergens	Milk・Soy・Fish					
Protein/Calcium (per 20g)	Protein 3.5g / Calcium 220mg					
Ingredients	Dextrin, Lactose, Milk protein, Vegetable oil, Sugar, Oil powder (contains medium chain fatty acids), Casein, Resistant dextrin, Galacto-oligosaccharide, Lactulose, Fish oil powder, Probiotics (B. longum BB536), Lactobacillus (sterilized), Hydrolyzed casein, Dry yeast, Calcium carbonate, Sodium citrate, Potassium phosphate, Magnesium chloride, Citric acid, Potassium chloride, Soy lecithin, Calcium phosphate, Potassium carbonate, Vitamin C (Sodium L-ascorbate), Lactoferrin, Calcium chloride, Flavor, Ferric pyrophosphate, Vitamin E (DL-α-tocopherol), Nicotinamide, Calcium D-pantothenate, Vitamin B <sub>6</sub> (Pyridoxine hydrochloride), Vitamin A (Retinyl palmitate), Vitamin B <sub>2</sub> (Riboflavin 5'-phosphate sodium), Vitamin B <sub>1</sub> (Thiamine hydrochloride), Folic acid (N-Pteroyl-L-glutamic acid), Lutein, Vitamin D (Cholecalciferol), Vitamin B <sub>12</sub> (Cyanocobalamin)					
Nutritional Composition (per 20g)	Energy	89kcal	VitaminE	1.5mg	Lactoferrin	20mg
	Protein	3.5g	(alpha-tocopherol)		Linoleic acid	450mg
	Fat	3.6g	Niacin	1.6mg	α-linolenic acid	45mg
	Carbohydrate	11.2g	Pantothenic acid	1.1mg	DHA	11mg
	Dietary fiber	0.6g	Folic acid	33mcg	Lactulose	90mg
	VitaminA	130mcg	Zinc	0.6mg	GOS	90mg
	VitaminB <sub>1</sub>	0.17mg	Sodium	55mg	Lutein	20mcg
	VitaminB <sub>2</sub>	0.18mg	Potassium	124mg		
	VitaminB <sub>6</sub>	0.20mg	Calcium	220mg		
	VitaminB <sub>12</sub>	0.30mcg	Iron	1.5mg		
	VitaminC	12.5mg	Magnesium	16mg		
	VitaminD	1.0mcg	Phosphorus	56mg		
				(Analyzed by Morinaga Milk Industry Co., Ltd.)		

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● (per 20g) Bifidobacterium longum BB536: 2 billion cells LAC-Shield® (Sterilized): 10 billion cells



Powdered milk for adults

# ミルク生活

Nutritional Milk Powder PLUS プラス

Important points for Nutritional Milk Powder PLUS

in sales  
**No.1**  
of powdered milk  
in Japan for adults

Recommended by  
**97%\***  
of registered  
dietitians

In response to the question: "Would you recommend taking Nutritional Milk Powder PLUS as an easy way to intake balanced nutrition for those who are experiencing a nutritional deficiency in their diet?"

\*1 Source: FUJI-KEIZAI [HB Foods Marketing Handbook 2019 (Food and Supplement) No.3] (based on 2017 data)  
\*2 March 2019 survey by Fundely Co., Ltd. (survey target: 258 registered dietitians)

1. This leaflet is for distributors; not for general customers.  
2. This leaflet is an English translation of a leaflet distributed in Japan.  
3. Not all the descriptions in this leaflet are guaranteed at the time of sale.  
In some cases, product specifications and product package labels must be modified in accordance with local laws and regulations.

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"For Ever Brighter Smiles"  
**MORINAGA MILK**

Powdered milk for adults

# ミルク生活

Nutritional Milk Powder PLUS プラス

Morinaga Milk has been producing powdered milk for about 100 years.



## This product provides many components beneficial to adults!!

Component not provided by milk

Supports the intestinal system

***Bifidobacterium longum* BB536**

Component difficult to absorb from milk

Provides protection

**Lactoferrin**

Component not provided by milk

Contributes to overall good health

**LAC-Shield®**



In addition, supplies

**protein**

&

**calcium**

**11 vitamins**

**5 minerals\***

**medium chain  
fatty acids**

**dietary fiber**

**DHA**

\*5 minerals include calcium.